







SACRED HEART PARISH

Sunday 20th July 2025
16th Sunday in Ordinary Time



Priest: Kieran C.P.		Deacon: Joe Baxter	
		<p>Parish Office: 1B Glenview Street, Belfast, BT14 7DP Email: sacredheart@downandconnor.org Phone: 028 9075 1543 Hours open: 9am-2pm , Mon -Fri. Parish Secretary: Cathy Carroll Sacristan: Collette Delaney Acolyte: Thomas Liddy Parish Webpage: https://www.sacredheartparishbelfast.com Webcam: https://www.sacredheartparishbelfast.com/Webcam</p>	
~Mass Times~			
Saturday Vigil:		6.00pm:	Patricia Rogan, Anniversary Mass
Sunday Masses:		9:30am	Paul Skillen, Anniversary Mass
		11:30am:	John Loughens, Anniversary Mass
Weekday Masses:		Monday 10:00am:	
		Tuesday 7:00pm: Novena :	Mary Carson, Month's Mind Mass
		Wednesday 10:00am:	
		Thursday 10:00am:	Kathleen Ward Anniversary Mass
		Friday 10:00am	
Confessions & Adoration: Saturday: 5:00pm - 5.45pm.			
Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions			
~Sacrament of Baptism~ Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm. Please contact the parish office to arrange a baptism.			
~Upcoming Feast Days~ 21st July, St Lawrence 22nd July, St Mary Magdalene 25th July, St James, Apostle		~Sanctuary Candles~ Una O'Halloran Fred O'Neill Kathleen McCormick <i>A Donation of £5 per candle is greatly appreciated</i>	
~Weekly Collection~ £757.20 ~Parish Building Fund~ £244.40 Thank You For Your Generosity		~Recently Deceased~ Nancy Baker <i>Eternal rest grant unto them, O Lord</i>	
~Anniversaries~ Caroline McCartan Elsie McGuckin Kevin O'Neill <i>Eternal rest grant unto them, O Lord</i>		~Baptisms~ Eire Grainne McKee Lucia Liggett Caelan Andrew Doyle McEnespie Margot Scott McFarlane <i>Welcome into our Community</i>	
~A Spiritual Communion~ Jesus, I believe that you are present in the Most Blessed Sacrament . I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.			
The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God. (Micah 6:8)			

DATES FOR YOUR DIARY	
<p><i>Giving thanks for Summer</i></p> <p>Father, Creator of all, thank You for Summer!</p> <p>Thank You for the warmth of the sun and the increased day light.</p> <p>Thank You for the beauty I see all around me and for the opportunity to be outside and enjoy Your creation.</p> <p>Thank You for the increased time I have to be with my family and friends, and for the more casual pace of the summer season.</p> <p>Draw me closer to You this summer. Teach me how I can pray no matter where I am or what I am doing.</p> <p>Warm my soul with the awareness of Your presence and light my path with Your Word and Counsel.</p> <p>As I enjoy Your creation, create in me a pure heart and a hunger and a thirst for You.</p> <p>Amen</p>	
<p>Climate Hope in Action: Faith and Community Voices Urged to Engage in NI Climate Plan Consultation. As Northern Ireland's Department of Agriculture, Environment and Rural Affairs (DAERA) opens public consultation on its first statutory Climate Action Plan, a call is going out for citizens, faith groups and community organisations to bring their voices to the table. With the consultation running until Tuesday 24 September 2025, organisations across the region—from parishes to rural networks, youth groups to local councils—are being encouraged to contribute. As Laura Jessie Cook of Project Dandelion reminds us: "Climate action must also be narrative action. It's not only about reducing emissions—it's about who gets to shape the future." "The Letter – A Message for Our Earth": A documentary film from the Laudato Si Movement, inspired by Pope Francis' 2015 encyclical Laudato Si'. https://theletterfilm.org/</p>	<div><div><p>Light the Fire August 3rd 2025 Hill of Slane</p><div><div><p>Dana</p></div><div><p>Archbishop Eamon Martin</p></div><div><p>Deacon John Taaffe</p></div></div><p>12pm - 1pm Gathering</p><p>1pm Welcome by Fr. Richard Matthews PP</p><p>1.15 Rosary</p><p>1.45pm Michael Murphy on Ven. Matt Talbot</p><p>2pm Holy Mass</p><p>3pm Eucharist Healing</p><p>4.30pm Depart for home</p><p>Website: lightthefire.ie Email: info@lightthefire.ie</p><p>• Please bring a fold up stool •</p><p><i>Come back holy boy</i></p></div><div><p>NATIONAL GRANDPARENTS PILGRIMAGE 2025 CELEBRATING THE WORLD DAY FOR GRANDPARENTS & THE ELDERLY THEME: 'Blessed are those who have not lost hope' (cf. Sir 14, 2) Sunday 27 July 2025</p><p>• Chief Celebrant Archbishop Francis Duffy • Choirs and Music by director Una Nolan • Special Guest Dana Rosemary Scallon • Anointing of the Sick in the Basilica - 2:30pm • Holy Sacrament of Mass - 3:00pm • Rosary Procession (weather permitting) • Children's Prayer appeal inviting all children to write a prayer for their grandparents, send it or bring to the CGA Knock Shrine</p><p><i>Organise transport with your local parish.</i></p><p>Plenary Indulgence granted for the occasion HOW UNABLE TO JOIN US IN PERSON CAN TAKE PART ONLINE AT WWW.KNOCKSHRINE.IE WATCH WWW.KNOCKSHRINE.IE Telephone: 0853 (0) 94 938 8100</p></div></div>
<p>Down and Connor Diocesan Trust are seeking to recruit for an exciting new role of 'Youth Minister', to work across the Family of Parishes, comprising Duneane, Antrim and Randalstown. This role will be based within our Duneane Parish, 103 Roguery Road, Moneyglass, Toomebridge, BT41 3PT. The role will require you work to 35 hours per week, which will involve evening and weekend work. Full details can be found on the Diocesan website at: http://www.downandconnor.org or</p>	
<p>Legion of Mary. Meet every Monday at 7.30pm, at The Church of the Immaculate Heart of Mary. 577 Antrim Road, Belfast, BT15 3BU and every Thursday evening at The New Lodge Grotto for the Rosary.</p>	
<p>Chatty Café. Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.</p>	
<p>AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)</p>	
<p>Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p>Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p>The Spred Group meet every second Monday in the Parish Hall at 7pm.</p>	
<p>Ladies Pensioners Group are having a break until 24th July.</p>	
<p>The Stitch and Crocheting Group meet Thursday evenings,7pm in the Parish centre. Come along and learn a new skill.</p>	
<p>Lifeline-24hr 7 days a week 0808 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222</p>	<p>AI-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124</p>
<p>Sacred Heart of Jesus, I place all my trust in Thee</p>	